

Apibal[®]

Freeze-cracked Bee Pollen



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Freeze-cracked Bee Pollen
As recommended in The Lemon Detox Diet book

Your stockist

www.apibal.com

Ideal follow up to

The
Lemon
Detox

Apibal Freeze-cracked Bee Pollen

Pollen collected by bees has long been considered one of nature's miracle foods. It is rich in so many nutrients, vitamins, minerals, and antioxidants, but until now has always been difficult for the human body to fully assimilate.

Traditional bee pollen is largely indigestible and the heat generated by conventional grinding often destroys many of the vital nutrients.

Apibal uses a revolutionary 'freeze-cracking' process that delicately opens every pollen shell at a low enough temperature to avoid destroying any of the goodness inside. Making Apibal 100% digestible.

And the great thing is the bees do the collecting for you.

Where does all the goodness come from?

Apibal contains a vast range of vitamins, aminos, minerals, a balanced range of antioxidants, as well as micronutrients, enzymes, hormones, RNA and DNA (the very stuff life is made of).

The following table lists the majority of components found in pollen:

Vitamins	Mineral salts	Enzymes and coenzymes	Amino Acids	Other components
Provitamin A	Calcium	Amilase	Isoleucine	Nucleic acid
B1 Thiamine	Phosphorus	Diastase	Leucine	Flavonoids
B2 Riboflavin	Potassium	Sacharase	Licine	Phenolic acid
B3 Niacin	Sulfur	Pectose	Methionine	Terpene
B6	Sodium	Catalase	Threonine	Nucleosides
Pantothenic acid	Chloride	Phosphatase	Tryptophane	Auxins
Biotin	Magnesium	Disphorase	Valine	Fructose
B12	Iron	Cazimase	Histidine	Glucose
Folic acid	Manganese	Citrochrome system	Arginine	Brasine
Choline	Copper	Lactose from succinic acid	Cysteine	Gibereline
Inositol	Iodine	24 oxide reductases	Tyrosine	Quinine
Vitamin C	Silica	21 Transferases	Alanine	Vernine
Vitamin D	Molybdenum	33 Hydrolases	Aspartic acid	Guanine
Vitamin E	Bohrium	5 Isomerases	Glutaminic acid	Xanthine
Vitamin K	Titanium	Pepsine	Hydroxiproline	Hypoxanthine
Rulin		Tripsine	Proline	Nucleine
			Serine	Amines
				Lectine
				Xantophyin
				Croceline
				Zeaxanthin
				lycopene
				Mexadecanal
				Monoglycerids
				Diglycerids
				Triglycerids
				Pentose
				Alfa-aminobutiric acid

* Source: Dr K E Beyer "Pollen. Nature's Marvel"

Uses

Everyday

A perfect natural alternative to chemically produced supplements.

Post Diet

Helps stabilise and maintain optimum health and weight after detox programmes such as The Lemon Detox.

Sport

High protein and carbohydrate content for athletes and players of sport.

Dr K E Beyer, Swiss Health Practitioner

Extract from his book "The Lemon Detox Diet"

"Apibal has been successfully tested on different age groups. High level sports men & women, athletes, runners and others take Apibal regularly to increase their performance. Other experiments with school children showed that the use of Apibal increased their general state of health and improved their concentration and learning ability. Professional people suffering from stress and those of advanced age have also learned how to appreciate the vitalizing effects of pollen."



Please Note:

Food supplements should not be used as a substitute for a healthy diet. Seek medical advice if you suffer from any relevant allergies. Keep out of reach of children.

